Dear students and families

It was great to see so many parents at the Welcome BBQ last week. I am looking forward to seeing more of our families next week when the Student Support Group meetings take place. Please ensure you book a time with your son or daughter’s classroom teacher to discuss their Individual Learning Plan. The Student Support Group meeting is a vital part of the ILP process and it is important that you are a partner in the process. Appointment letters have already gone home, if your letter was misplaced or didn’t make it home-please ring the school and let us know.

Naranga School offers programs that cater to the interests and strengths of all of our students. Many of our extra-curricular and enrichment programs kicked off this week. Interschool sport is underway with 50 Senior student athletes playing basketball and beach volleyball in term 1. Students in the Upper Juniors started their Electives program. I saw students working in the Kitchen Garden, doing Bike Ed, performing Science experiments, learning Yoga and doing Arts and Craft activities. There are also activities scheduled during lunchtimes which students can choose to take part in as an alternative to being in the playground. Karaoke is very popular and the Running Club attracts a large number of participants as well. Also this year there is an Art Club on Mondays with Ms Riley. Ask your son and daughter tonight if they have tried anything new this week and encourage them to expand their horizons this year.

Kai Pukarinen
Assistant Principal

School Council nominations now open
At the start of each year, our School Council elections take place. Nomination forms have been sent home to all families, and applications close on Monday 20th February at 4pm. If you are interested in being part of our school community, please consider nominating. We welcome parents, friends and community members to participate in the governance of our school.

The school council’s objectives are to:
- assist in the efficient governance of our school.
- ensure that decisions affecting students of the school are made having regard, as a primary consideration, to the best interests of the students.
- enhance the educational opportunities of the students at the school.
- ensure the school and council comply with any requirements of the Act, the Regulations, a Ministerial Order, direction, guideline or DET policy.

If you have any questions, please call Susan Coull, Principal, on 9788 2222.

Term 1 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tuesday 21st Feb</td>
<td>6.15 pm School Council Meeting</td>
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<tr>
<td>Wednesday 22nd Feb</td>
<td>3pm to 7 pm—Student Support Group evening</td>
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<tr>
<td>Monday 13th March</td>
<td>LABOUR DAY HOLIDAY</td>
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<td>20th—22nd Mar</td>
<td>Senior Camp-Merricks Lodge</td>
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<tr>
<td>Tuesday 21st March</td>
<td>Individual Learning Plans mailed home</td>
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<tr>
<td>Friday 31st March</td>
<td>Last day of Term 1</td>
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<tr>
<td>Tuesday 21st March</td>
<td>School finishes at 2.00 pm</td>
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Please remember that you are always very welcome to join us for our **whole-school assembly** at 9am every **Wednesday**. There will be a morning tea after assembly each week at 9.25am for ALL PARENTS & FRIENDS in the Welfare Room.

THE NEWSLETTER CAN BE ACCESSED VIA THE WEBSITE www.naranga.vic.edu.au
School-Wide Positive Behaviour Support

- NEWS -

BE SAFE ◆ BE RESPECTFUL ◆ BE RESPONSIBLE ◆ BE A LEARNER

Students of the Week
At this week’s Assembly we held our first SWPBS Raffle of the year. This school wide raffle celebrates students who display our values and meet expectations. Our winners for weeks 1 and 2 were Oscar, Brett, Ty, Patrick, Chloe and Curtis.

Senior Student Commendations
Super Seniors this week are James, Gina, Karen, Dylan, Dawson, Emily, Charlotte, Josh, Brodie and Teagan.

STAR STUDENTS

SWPBS Spotlight for week 3:

FOLLOWING INSTRUCTIONS
Sunscreen Use at Naranga School

Naranga School provides students with sunscreen produced by The Cancer Council. It is fragrance free, SPF 30+ and water resistant. Sunscreen is available for all students to use however parents/carers are requested to inform the school if their child has any allergies or skin conditions that prevent them from using sunscreen. If your child has an adverse reaction at school, I will certainly inform you.

Jenny Camm

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News from class JB

2017 has kicked off to a great start for me as a new teacher at Naranga School. The staff have been very kind and welcoming by assisting me with processes and making sure that I know where I am going! I have joined the Upper Juniors and have a wonderful class of students who are Alex, Titan, Joseph, Lachlan, Harry, Oscar, Patrick, Sam and Brett. I am also pleased to say that we will be joined by Benji, the school dog, on Tuesday afternoons.

I am so proud of my students in the first two weeks of term because at the first assembly Brett, Patrick and Oscar won a prize from having their names drawn out of the raffle ticket barrel which means that they have shown some excellent behaviour so far. Another one of my students, Joseph, was also presented with a commendation for encouraging another student to make good choices. I hope that we see more prize winners as the year progresses.

Our class this semester has lots to look forward to as they are participating in many specialist classes including PE, Adventure, ICT, Music, Art and Home Economics. Students have also had an opportunity to choose an elective subject from Science, Crafts, Bike Education, Kitchen Garden, Cooking and Yoga. I am very excited to be teaching Science as my elective and look forward to developing some curious minds as they discover the delights of the various Science experiments that we will be conducting.

Michelle Bolivar Florez

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Naranga’s eSmart Committee will meet for the first time this year in Conference Room 2 at 3.30 on Thursday the 9th of March.

Check the eSmart tab on our website www.naranga.vic.edu.au to see what it is all about.

If you would like to attend or contribute to this meeting please contact Peter Meehan (9788 2222 ext 140) at Naranga School or via email on naranga.ss@edumail.vic.gov.au please put ‘Attention: Peter Meehan’ on the header line. Or just attend, regardless!

We need the ideas of parents and carers as electronic technology is a moving challenge. The meeting will include tea, coffee, biscuits and be informative, friendly and brief.

Staff members on the committee are Angela Harrison, Monica Jackson, Shaun Bacon, Peter Scott, and myself.

Thank You to parents Emma and Yurika who were fabulous parent members in 2016.

All are welcome this year. It will be great to see you on the 9th ☺.
**Camps, Sports and Excursion Fund**

CSEF – Camps, Sports and Excursion Fund applications are open. Forms are available from the office. If you have any queries please contact the school office on 9788 2222.

**State Schools’ Relief**

As part of the Victorian Government’s Affordable Uniform Program, every Prep government school student who is a recipient of the Camps, Sports & Excursion Fund (CSEF) automatically qualifies for a uniform pack voucher.

Parents must apply for CSEF before they can apply to the school.

Eligible parents who have already purchased their child’s uniforms for the year can select items of a larger size. For CSEF information visit [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef) or SSR 8769 8400

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**Change of Student Details**

If you have moved, have a new phone number or any other details have changed, could you please notify the Naranga School office asap to enable us to amend our student records. We need to keep our records up to date at all times in case we need to contact you urgently.

All details are confidential.

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**Anaphylaxis Awareness**

**What is anaphylaxis?**

An allergic reaction can be mild to moderate or severe anaphylaxis (or anaphylactic shock), which is a sudden, severe and potentially life-threatening allergic reaction to food, stings, bites or medicines.

**How is anaphylaxis Treated?**

The best way to help is **Avoidance**. Prevention strategies help reduce the risk of an anaphylactic reaction from occurring.

- **We strongly discourage** parents from sending any nut products to school (including peanut butter, all tree nut butters, almond butter, macademia nuts, actual nuts, muesli bars with visible nuts).
- **We advise students not to share or trade food with others.**
- We ask students to **wash their hands** after each break and after eating food.
- We are **aware of the triggers** that may cause an anaphylaxis reaction.

**Raising awareness of anaphylaxis**

At Naranga school, you will notice these signs (below) displayed around the school. The **red sign** reminds families that the school is a nut restricted zone. The **red sign** is for a specific classroom where there is a student with known anaphylaxis.

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**Frankston All Abilities Basketball**

Weekly court fees of $10 which covers weekly game fees and a trophy at the end of each season (June & December). Call Chris Whateley on 9789 8376 or 0402 723 457.
Practical ideas for parents to encourage real independence in children.

Your goal as a parent should be for your child to be completely self-managing by the end of primary school. That is, he can get himself and others up each morning; make his own breakfast; prepare his own schoolbag; collect his own school uniform; put any notes under your nose to be signed and returned to school; and so it goes on. Now, that doesn’t mean that kids will do all this all the time, because other factors come into play such as busy schedules and early starts; children will need some assistance at times. However, it’s good to keep in mind that children, when left to their own devices, generally do remarkably well at organising their daily tasks. Sometimes they just need the opportunity.

Here are four practical ways to develop real independence in primary school-aged children:

1. Involve them in mealtimes

Mealtimes are the fulcrum around which healthy families operate. A shared meal is more than food. It’s a ritual that binds people together; it’s a vehicle for parents to influence their children; and it’s an expression of love and care. It is also fundamental to children’s wellbeing because there is a strong correlation between good mental health in young people and those who regularly share a family meal. Mealtimes also offer plenty of opportunities for children to help including running errands, preparing the meal, setting the table, clearing the table, packing the dishwasher and other jobs. There’s something for everyone!

2. Use pocket money to develop independence

A regular allowance is a fabulous way to promote real independence in children. Start in lower primary school and gradually increase their allowance the older they become. Importantly, you need to increase the areas that their allowance covers. For instance, in lower primary school a child’s pocket money might go towards the purchase of some sweets and one or two other items each week. However, in middle primary school it might increase to cover the cost of one or two lunch orders each week, their bus money and some treats.
In later primary school it could even cover some of their clothing purchases as well. The important thing is not to cover for kids if, for instance, they don’t budget appropriately and run out of money for school-canteen lunches. They can either make their own lunches at home or perhaps borrow from a sibling and repay out of their next allowance. Pocket money used well is a fantastic way to develop independence in kids.

3. Look after pets
It’s a quirk of life that most children want a pet, but they just don’t want to look after it in the long term. Many kids discover that following the initial flush of enthusiasm looking after a pet can be a grind – walking the family pooch, cleaning out the guinea-pig cage, or feeding the family feline. But pet care offers priceless lessons in the development of grit, responsibility and nurturance – all necessary attributes for independent success.

4. Walk, ride or take public transport to school
The opportunity to go to school on your own devices was a luxury that previous generations enjoyed. While it may have seemed at the time like something to be endured rather than enjoyed, most people I discuss this matter with look back with fondness and nostalgia. For most people it meant freedom, friendship and fun. For a short time each day kids experienced a delicious type of freedom away from both teachers and parents – a time to muck around, dawdle and mess around with mates. It also gave kids some familiarity with their neighbourhood. It’s well established that currently more children are driven to school than ride or walk, which denies children the same opportunity for friendship, fun and freedom. Busy schedules, less child-friendly neighbourhood layouts and working parents are just some of the reasons that prevent kids walking to school. If possible, look for ways to allow your child to get to school on their own. It’s fantastic for their independence and wellbeing. If children are too young, walk or ride with them some of the way until they are old enough and skilled enough to make the trip without you.

The age of opportunity
Children in this stage have an outward orientation and are exploring their place in the world. This is an age and stage for greater neighbourhood exploration, for taking on real responsibility and for developing personal confidence and efficacy before adolescence starts.

Visit our website for more ideas and information to help you raise confident and resilient young people.

Special note: I’m thrilled to announce that my latest book Spoonfed Generation: How to raise independent children is out. It’s available at parentingideas.com.au