

MEDITATION FOR KIDS

8+ YRS FRI 5TH JULY

strategies

breathing

mindfulness

connection

fun

understanding

meditation

and more..

MANAGING ANXIETY

FOR KIDS 6 - 8 YRS

FRI 5TH JULY

breathing

mindfulness

connection

strategies

understanding

fun

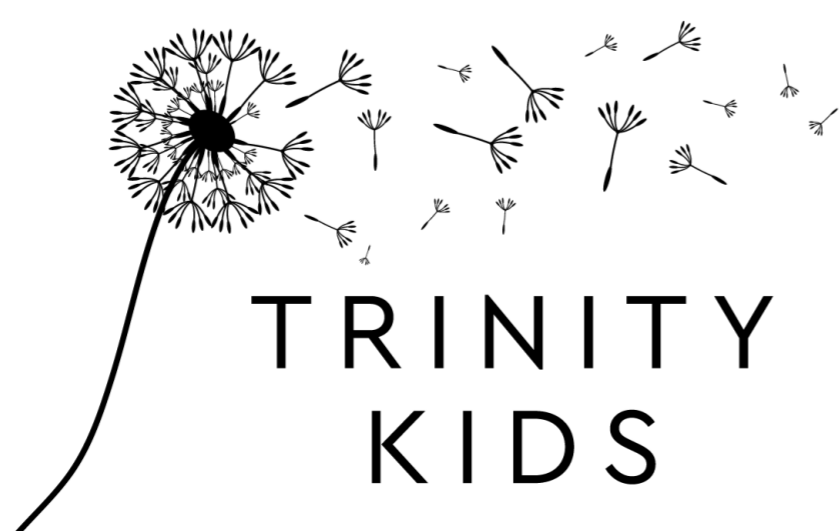
meditation

and more...

HOLIDAYS

SCHOOL

CHELSEA



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